



ڈاکٹر ضیاء الدین ہسپتال NEWSLETTER

JANUARY'20 - APRIL'20 | VOLUME 02 ISSUE 01

SINDH

FOOD AUTHORITY INSPECTION

AT DR. ZIAUDDIN HOSPITAL CLIFTON CAMPUS



Food plays an important role in the overall health of individuals and food safety is essential for all institutions where food is prepared, stored and distributed to others. Hospitals have a greater responsibility in this aspect as they prepare food in bulk and cater to all sorts of patients including those with low immunity.

All departments of Dr. Ziauddin Hospital strive to reach international standards of quality and the Nutrition and Food Services is no different. Their commitment to food safety was put to the test when officials from Sindh Food Authority visited the Nutrition & Food Service Department (NFSD) of Clifton Campus in December 2019 to inspect facilities and ensure all aspects of the food preparation are in compliance with standards of Sindh Food Authorities.

The team of officials inspected all areas

of the kitchen, bakery and dining area of NFSD, Clifton Campus. They checked various aspects of the food preparation process including the cleaning/disinfection schedule of the department, the medical screening of the food handlers as well as the validity of the raw ingredients.

The auditors were satisfied with their observations and subsequently a license from Sindh Food Authority was awarded to all campuses of Dr. Ziauddin Hospitals, making them one of the first few hospitals to achieve this honor.

ACCREDITATION, CERTIFICATION, LICENSING & QUALITY IMPACT ON MAKING HOSPITAL CARE BETTER TO BEST

Accreditation is customarily a voluntary program in which skilled & trained external peer reviewers evaluate a healthcare organization's compliance and compare it with pre-established performance standards.

The interest in quality and safety in the health care area has speedily mounted over the past decade. To fully appreciate the QA drive, and design or implement quality improvement projects, their basic principles needs are being considered at Dr. Ziauddin Hospital where we have the privilege of having the Department of Quality Assurance which functions to keep up

with all the quality management related matters, important ones like preparation of documentations (policies, procedures, etc.) Internal and External Audits, Clinical audits and more in the same broader domains

Dr. Ziauddin Hospital North & Oncology Campuses successfully gets Sindh Health Care Commission Certificate / License and scoring a percentage of seventy-six as informed by the commission executive.

Ensuring quality is a critical component of high-performing health systems. Having access to health care is not enough: patients who enter the health care system whether a hospital, a Clinic or another site, like laboratory, need to be self-assured that they will obtain care and attention that is safe, effective, and consistent with the latest clinical evidence.

The concerns about level and variations in hospital quality are not new. We have known for decades that hospitals vary in their aptitude to deliver

high-quality care for patients and our national strategy for safeguarding and refining care has been accreditation. And the similar words as mentioned in the same context.

Hospital accreditation remains a cornerstone for ensuring at least an elementary level of quality, at least for things that the health care system gauges. Patients want to know that a hospital provides safe and effective care, and accreditation, if done right, can be a powerful tool to offer that assurance.

The certification process has the potential to influence quality through a sequence of three mechanisms in orderly placement; consistency, organizational buy-in and supportive quality improvement action. Internal and external contextual factors, including individual characteristics, influence an Institution's practice of recognition- it plays a significant role, thus looking forward to have the best outcome in managing patient with the best quality standards.

GLIMPSES

Congratulations to Our Hospital in achieving the Sindh Health Care Commission license as provisional for now, the effective efforts given by the Department Heads and Respective Consultants

– both junior and senior, surely did the job remarkably well. We are not static over here; there are more challenges to come and more victories to be seen – If everyone is moving forward together,

then success takes care of itself .

By:
Dr. Anila Kazmi
Group Head, Quality Assurance

CONTRACEPTION UNMET NEED

Postpartum family planning (PPFP) focuses on the prevention of unintended and closely spaced pregnancies through the first twelve months following childbirth. PPFP is often ignored and a number of stigmas and misconceptions have limited its availability and utilization in our society. In this regard, the department of Obstetrics and Gynecology in collaboration with the department of Family Medicine, Ziauddin University is endeavoring to promote post-partum contraceptive behaviors to couples.



The Best Practice Paper (BPP) was developed by the Royal college of Obstetricians and Gynecologists (RCOG) to improve the post-partum family planning (contraception use). To achieve these results, PPFP should be available at every given



opportunity (antenatal clinics, labor ward, postnatal ward etc). Birth-to-pregnancy interval and inter-birth interval should be for at least two years and three years, respectively. The use of effective postpartum contraceptive methods in less developed countries could prevent poor maternal, perinatal and neonatal health outcomes, including stillbirth, prematurity, low birth weight, neonatal and maternal mortality.

Throughout the world, BPP on PPFP is being used successfully. This paper has been modified for Pakistan. An ongoing study is being conducted on the residents of Sikanderabad, a squatter settlement near Clifton with a population of approx. 0.1 million, that aims to identify ways in which primary healthcare services can be strengthened with a package of

postpartum family planning, and to determine how effective such a package could be to increase uptake of contraception during the first year of the postpartum period. All the participants are asked to take the pretest containing questions regarding family planning, and the same questions are then provided at the end of the session as a post-test questionnaire to assess the effectiveness of the teaching as well as the receptive power of participants and their pre- and post-session knowledge. The counselling session consisted of one-on-one briefing, multiple brochures with pictures explaining the use and pros and cons of different types of contraceptives, and adverse effects of short Inter-pregnancy interval (IPI) on maternal and neonatal health. This is showing promising results and we offer to use it all over Pakistan.



Last year was the end of a decade which left many of us nostalgic about the past and anxious about the future. Being a motivational force for the organization, on 3rd January 2020, the HR Department arranged an evening of light-hearted entertainment for the managerial

staff of Dr. Ziauddin Hospital, Clifton.

*This evening event included games which were tailor-made for the guests, including a Ziauddin Trivia quiz and a live voting interface. The HR Department awarded all departments with a customized collage frame, incorporating all their memorable moments of 2019. These frames were a token of appreciation for all HoDs and had a message wishing each department best of luck for 2020.

When being called to receive their departmental frame from MS and COO, each Head of Department was welcomed with a few verses of poetry, written especially for them, appreciating their dedication and highlighting the striking features of their individual personalities. The

poetry brought about a lot of laughs among the audience and kept everyone's interest peaked.

The positive response from the guests made the event a huge success. The HR Department achieved their objective of strengthening inter-departmental relationships and making everyone feel like part of the team. The Managers left feeling fresh and ready to face the New Year with new energy and enthusiasm.



GLIMPSES

REACHING NEW HEIGHTS THROUGH RESEARCH & ACADEMIA

Participating in academic activities is essential to keep updated with current clinical guidelines and maintain liaisons with healthcare societies and institutions dedicated to research and development.

Quality improvement activities performed throughout the year can be highlighted through research posters which present the rationale, the method and the results of the activity in a concise but clear manner. Presenting the study in a poster presentation helps display the important aspects of the research in a reader-friendly format which can be quickly and easily understood by all.



In December 2019, the International Conference on Patient Safety was held in Islamabad which served as a platform for local and international speakers sharing their perspectives on improving patient safety. Four posters were submitted to the Poster Competition from Dr. Ziauddin Hospital, Clifton campus from the Quality Assurance, HR, Nursing and Infection Control departments. The competition was tough with approximately 100 posters being submitted from all over the country, but the Infection Control team's hard work paid off and their poster on the WHO Framework of Hand Hygiene won 3rd prize, which was received by Ms. Farzana Aslam, Infection Control Officer from Clifton Campus.



The Infection Control team also partici-

REVAMPING THE DIALYSIS UNIT AT DR. ZIAUDDIN HOSPITAL, CLIFTON CAMPUS

Chronic kidney disease is a common condition in Pakistan and many patients with end-stage disease have to undergo dialysis two or three times a week to maintain their health.

The Dialysis Unit at Dr. Ziauddin Hospital, Clifton recently changed leadership with Dr. Kaneez Zehra (Consultant Nephrologist) taking charge and bringing about a change in both the physical and operational structure of the unit.

Dr. Kaneez Zehra recognized the need for additional dialysis machines as three were not enough for the number of patients who need regular dialysis. A purchase order for two new machines was placed immediately and in order to accommodate these machines, the area of the Dialysis Unit was increased by reconstructing the walls. Redesigning continued inside the unit as well, from the installation of shelves to the

procurement of covered garbage cans, Dr. Kaneez Zehra paid attention to every tiny detail which could enhance the level of quality and safety for the patients.

Accurate documentation is essential for good follow up of patients and Dr Kaneez Zehra went on to introduce a number of forms which kept track of each patient's history, investigations, vaccinations and medications in an accessible and concise format. This is particularly helpful for times when the patient has to travel and needs a summary of his or her dialysis status.

All these changes made a significant impact on patient influx and within a month a 30% increase in number of patients was noted. The patients were satisfied with these improvements and appreciated the efforts of the management, especially Dr. Kaneez Zehra.

pated in the MMIDSP (Medical Microbiology and Infectious Disease Society of Pakistan) conference, held in Lahore on 29th February and 1st of March 2020. Mr. Babar Ahmed, Infection Control Officer from Clifton Campus attended this event with one poster on usage of color-coded mops and another one on prevention of phlebitis among inpatients.



Dr. Ziauddin Hospital is also being represented in international conferences through the efforts of the managerial staff of Clifton Campus. Ms. Komal Sohani (Manager, Nursing) and Ms. Asma Mansoor (Manager, Infection Control) were officially invited as plenary speakers in the World Summit on Nursing & Women's Health which was conducted on February 24th and 25th in Dubai, U.A.E. Both Managers presented their work on Digital Health which was selected for the oral presentation category. Another achievement of Dr.

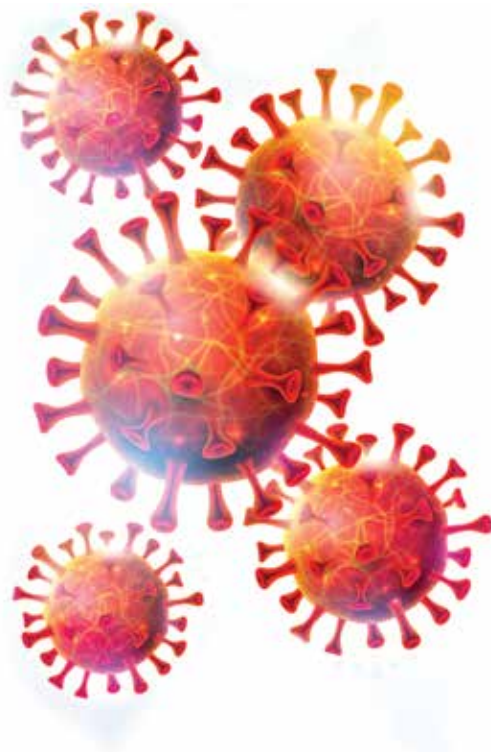
Ziauddin Hospital in academia was when Ms. Asma Mansoor (Manager, Infection Control, Clifton) was selected from over 40 students to participate in a fully-funded 2 week residential program at St. Jude's Children's Research Hospital in Tennessee, USA from 2nd March to 15th March 2020. During her stay she attended the Global Infectious Disease Training Seminar and presented her research on the role of good hygiene in reducing and "Preventing Ventilator Associated Pneumonia in a Tertiary Care Hospital."

By participating in these programs, both nationally and internationally, the staff of Dr. Ziauddin Hospital is raising the bar of quality and safety for our own hospitals. The aim of these projects is to adopt all the practices, which are proven by research, to enhance the level of patient care and reach our ultimate goal of service excellence.



GLIMPSSES

CORONAVIRUS; A HOT POTATO – WE NEED TO PONDER AND ACT



Dr Ziauddin Hospital Infection Control Department (North) under the leadership of Medical Superintendent Dr. Shireen Mansoor (North) & Dr. Anila Kazmi (Group Head Quality) constantly worked and are still working with hospital staff to take precautionary measures to keep our hospital staffs, health care professionals patients, visitors, members of public and families protected – this done by training them to keep themselves safe from contracting coronavirus infection.

Dr. Ziauddin Hospital Infection Control Department (North Campus) arranged

a couple of sessions under the guidance of of Ms. Farhana Tabassum Principal College of Nursing & ICN Asst. Manager Farkhanda Haroon. The steps taken are; training sessions and a poster Exhibition about Nurses & Nursing Students, - their Role in Management of the global coronavirus outbreak.

We are taking a lead to make an effort to prevent the spread and save the community with sessions, trainings and exhibition, short videos and article dissemination. Let's all keep a strong hope for having a safer and healthier environment.

NURSES' ROLE IN THE MANAGEMENT OF CORONAVIRUS OUTBREAK INFECTION CONTROL DEPARTMENT & COLLEGE OF NURSING COLLABORATION

Globally, nationally and regionally nurses and student nurses are playing a vital role in managing the coronavirus outbreak. If nurses and students are not safe then it means the community is not safe. But the shortage of health care providers and limited resources have not discouraged nurses and nursing students to back off from the frontline. The most important factor is keep own self safe while caring for a patient with life threatening illness. From a simple health teaching of hand washing to respiratory etiquettes to advanced skills of barrier nursing care nurses are breaking the chain of infection.

Our number one priority even being concerned for ourselves is to keep the patients and community safe while preventing the virus from spreading. From first point of contact to the health education of the family it is ensured that hand hygiene practice is more

promoted and actually implemented. The water intake to keep the throat wet with healthy diet to boost the energy and immunity as a safeguard is the bottom line of care by nursing force.

The students made the posters; infection control nurses went to each hospital unit to conduct the one-to-one training of nursing staff and students. Prevention is better than the cure is actually practiced and witnessed during this fearful time. It is amazing to notice that limited resources and shortage of staff did not stop them to be proactive to prevent the spread. They proved that "If nurses aren't safe, then really our community



isn't safe". Salute nurses and students to contain the virus where the oath of ethics makes them brave to combat the virus at every level.

By:
Farhana Tabassum
Group Head, Infection control Dept.



EVENTS

ANARKALI AT DR ZIAUDDIN HOSPITAL

Dr. Ziauddin hospital North Campus hosted a Unique Theatre play for the hospital staff – A first time experience.



It was indeed a remarkable stage play and a sequel of the activities holding by ELD department at Ziauddin hospital. This play has left the everlasting impressions on the hearts of the viewers for the dignity of Nursing Profession. The plot was beautifully written and directed by Mr. Asif Ilyas from Radio Pakistan; a guest

writer and director, whereas, co-writer and producer; ELD Facilitator; Ms. Noreen Sharafat's vision to raise funds for the cancer patients from the platform of Dr. Aijaz Fatima made it memorable for all. However, to reach the desired results few drop-offs must had been felt but the cast of the play (ELD Students; Employees of the hospital) nailed it with their mesmerizing performance and proved themselves as the nucleus of CSR (Corporate Social Responsibility).

Dynamic administrative team of the hospital made it successful with their tremendous support and vigour.



The presence of Dr. Aijaz Fatima (lively Legend & great leader of our hospital), Madam Talat Raza khan; Ex-faculty member of University of Karachi; Department of English and Mr. Syed Abbas Altaf from ICD; University of Cambridge enjoyed it and loved the way to highlight the dignity of the backbone of any healthcare Sector along with the work for a social cause.



By:
Ms. Noreen Khan
Consultant English Language & Linguistic
ELD Facilitator, North Campus Dr. Ziauddin Hospital

WORLD KIDNEY DAY 2020 AT DR. ZIAUDDIN HOSPITAL, NORTH CAMPUS

KIDNEY HEALTH FOR EVERYONE EVERYWHERE - FROM PREVENTION TO DETECTION AND EQUITABLE ACCESS TO CARE

This year 2020 - World Kidney Day continues to promote awareness of the growing burden of kidney diseases worldwide and to strive for kidney health for everyone, everywhere. Explicitly, the 2020 campaign highlights the prominence of preventive interventions to prevent the onset and progression of kidney diseases.

The World kidney day was arranged at Dr. Ziauddin Hospital, North campus organized by the Departments of Nephrology and Quality Assurance. The Day was led by the Programme Director and Head of Nephrology Department Prof. Dr. Sumbal Nasir, who spoke about the burden of the disease; kidney disease is a non-communicable disease and presently affects around 850 million people worldwide. One in

ten adults has chronic kidney disease (CKD). The worldwide burden of CKD is increasing, and is predictable to become the fifth most common cause of years of life lost globally by 2040. Chronic kidney disease is a main cause of appalling health expenditure. The expenses of dialysis and transplantation consume 2-3% of the annual health-care budget in high-income countries. In low-income and middle-income countries, quite a many people with kidney failure have inadequate access to lifesaving dialysis and kidney transplantation. And here at Dr. Ziauddin hospital we have both the facilities for our patients who have the trust and are cared for with the best quality services.

The Session second speaker was Dr. Faiza Sohail, Assistant Professor Consul-

tant Nephrologist at our hospital and she explained chronic kidney disease in detail and the consequences faced - if it is not detected and treated timely.

Overall both talks had a lot of informative touches for both the general public as well as our doctors. General Physicians from the nearby vicinity were a part of the audience and they appreciated the talks, saying that the session was a very good guide for their future practices.

By:
Dr. Anila Kazmi
Group Head, Quality Assurance



EVENTS



ANNUAL SYMPOSIUM ON EMERGENCY MEDICINE "SHAPING THE FUTURE OF EMERGENCY MEDICINE IN PAKISTAN"

Dr. Ziauddin Hospital and University are honored to organize & host the Symposium of Emergency Medicine every year in the month of January. An ideal platform to share experiences and knowledge, strengthen the networking and collaboration amongst experts and care providers coming from all over the country and invited foreign speakers too.

Under the guidance of Dr. Professor M. Z. Jilani, Director Emergency Medicine Programme Dr. Ziauddin University - The 3rd Symposium on Emergency Medicine, "Shaping the future of Emergency Medicine" was held on January 25, 2020 at Karachi, Pakistan – Dr. Ziauddin University Auditorium at Clifton Campus. The full day symposium was a very successful event, catering more than 500 participants this year. Interested doctors were present to enhance

their knowledge and skills related to Emergency Medicine.

The Emergency Medicine Symposium 2020 comprised of four sessions on emergencies associated to Medicine, Surgery & Allied, Radiology and Pathology. We also had topics on Pediatrics & Toxicology emergencies to ponder upon, besides newer subjects were also brought to light like – the Importance of Artificial Intelligence and the role of Good leadership and management in Emergency Medicine Department; further leading on and to create a complete academic atmosphere. The plenary talks & lectures by distinguished personalities / doctors - Specialists & Consultants from Karachi and other provinces of the country were the main allure. The poster presentations competition was also one of the informative attractions of medical

delights for the attendees.

This symposium provided a great prospect for scholars, researchers, doctors, practitioners, and educators to discuss and exchange research based evidence of cases as they shared their practical experiences and conveyed innovative ideas on matters correlated to emergency medicine.

Held each year, the Emergency medicine Symposium definitely reflects on illuminating the need to focus on achieving best outcomes in patient care and quality management and also the essential requirements towards having the exceptional practices in dealing with emergency cases.

By:
Dr. Anila Kazmi
Group Head, Quality Assurance



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AT-HOME LAB TESTS



DOMICILIARY SERVICES



EVENTS

WORLD WOMEN DAY 2020 AT DR. ZIAUDDIN HOSPITAL, NORTH CAMPUS

A THING OF BEAUTY IS JOY FOREVER



celebrity Ms. Sania Saeed a well-known theater and television actress. She stole the show with her striking messages, questions and answers as well as her talk on "Style and Feminism, its Impact in the

International Women's Day is a time to echo out on advancement made, to call for change and to rejoice acts of courage and determination by ordinary women, who have played an unexpected best role in the history of their countries and communities.

Dr. Ziauddin Hospital, North Campus celebrated World Women's Day on March 9th 2020 - a time to remember - organized by the Department of Quality Assurance. Dr. Anila Kazmi, Group Head Dept. of Quality Assurance in her opening speech emphasized that for being a powerful woman the foremost essence is our wisdom and positive approach in life.

The day began well as our hospital staff as well as guests from outside the hospital visited the colorful arcade. The stall had different entertainments lined up - fun games, like spin the wheel, throw the dart and other activities took place, buoyed by the rhythm of relaxing music- making the atmosphere filled with joy and amity. We saw delightful winners in excited moods as the won their reward, all this being a good motivational call for refreshing the memory whenever stressed out. Smiling active faces were seen all around, there were cheers of goodness felt inside and outside too. The lucky draw champions fancied their huge packed gift making other to ponder about it. Showing our solidarity to women we also offered discounts coupons on relevant lab tests and mammogram to our female participants which was valued.

The event marked a wonderful moment - paying tribute to our beautiful and courageous ladies of Dr. Ziauddin Hospital / University (as an organization in whole); they being our Role Model with lifetime achievements - Dr. Aijaz Fatima Hospital trustee, Dr. Rubina Hussain Chairperson Obstetrics & Gynaecology, Ms. Sabina Khalid Chief Operating Officer Clifton Campus, Chief Guest of the event, Dr. Zareen Hussain, our First lady and Dr. Nida Hussain Pro-Chancellor & Chairperson Dept. of Medicine. The hall roared with a kind pleasant applause, as Ms. Sabina Khalid requested for a standing ovation for our lovable Madam Dr. Aijaz Fatima, a leader loved and cherished.

The eminent speakers, made the atmosphere enlightening ; Mr. Abbas Husain Director of Teachers' Development Centre shared his views on "Women and Higher Education in the Twenty- First Century", Dr. Anita Kazi, Consultant Dermatologist & Cosmetologist reflected upon " Beauty Begins the moment you decide to be yourself", whereas talking on "She overcame everything that was meant to weaken her" -Dr. Shahida Qazi Ex. Dean & Head of Jinnah University for Women, Achieved life time Award, a renowned name in the history of Pakistan, spoke powerfully on what made her different from the crowd.

The final attraction was an entry with a glam, wrapped up in pink and violet, with a touch of a soft smile - our guest



Modern Society". She also shared some of her true life stories as an impetus for being the best version one can be. The houseful audience keenly kept seated till the very end of the programme, it appeared that the communication made was for an epoch as the sparkle if excitement could be felt everywhere.

The event was appreciated by each and every one who attended - smiles and whispers of happiness popped out merrily in the air. The inspiration of the day went down as **"I am once in a lifetime Woman" & exclusively, we're all accountable for our own thoughts, feelings and actions - all day, every day.**

Dr. Shireen Mansoor, Medical Superintendent, North Campus, in her concluding note shared **"We have to keep revolving and challenging our status of today tomorrow and every day, being a light for each other and others as well"**.

By:
Dr. Anila Kazmi
Group Head, Quality Assurance



EVENTS

NATIONAL NUTRITION DAY | MARCH 13TH 2020

AT DR. ZIAUDDIN HOSPITAL
**KEEP FIT & SMART,
BY EATING RIGHT
BITE BY BITE**

When we talk of health it seems as a free of disease condition - but in fact it is much more than an absence of a disease. It is an affirmative quality, highlighting physical, social, intellectual, emotional, and spiritual wellbeing. Finest nutrition, providing all nutrients in both type and quantity, is the keystone of good health and the cutting edge of prevention. The foods we eat, and the nutrients they should provide, are the most important ongoing environmental factors influencing our growth, development, functional abilities, and health.

Nutritional information, with education of both the general public, and principally health professionals is serious if we are to succeed in meaningfully reducing the excessive premature illness and death from our leading killer diseases - heart disease, cancer, and stroke. How we structure our lifestyles, with appropriate nutrition, health habit discipline, and exercise programming, will have a great influence on personal health,

and will help lessen our current disastrous medical care expenditures.

In light of the same National Nutrition Month, that is March-is held by Academy of Nutrition and Dietetics, USA. The campaign has been in vogue for a long time, first starting as an awareness week in 1973 becoming an awareness month in 1980, showing the rising interest and the importance of Nutrition and lifestyle.

Dr. Ziauddin Hospital North Campus also takes the privilege to plan and organize sessions in the Month of March. This year March 13th 2020 we dedicated a whole day, for Nutrition - it included a session with different talks by renowned personalities, informative stalls which had BMI tests, Nutrition counselors giving advice on how to keep fit and smart. The stalls had quizzes and games, the delightful crowd got busy in enjoying all the activities.

The Chief Guest and Speaker of the session was Dr. Imran Yousuf a Guest Celebrity, he is a certified Intuitive Counselor, Motivational Public Speaker, Facilitator, Trainer and Coach based in USA, Canada,

Europe, UK, Australia and Pakistan. In recognition of Dr. Imran's outstanding performance in the field of public service and education, the President of Pakistan has conferred on him, the highest civil award of Sitara-I- Imtiaz (Star of Excellence). He discussed on having a healthy life style and how to keep fit, smart and healthy. He further shared his vision -"aspire to inspire optimism in everyone who comes in contact with by infusing their hearts, minds and souls with enthusiasm, hope and positive thinking". It was a great informative talk leaving the audience mesmerized.

Later on, we had two talks - one by Dr. Ayesha Abbas, Consultant Nutritionist and Ms. Afshan Consultant physiotherapist both guest speakers from Dow University.

Lastly, we had a delightful time gathered to cut a mouthwatering cake, especially made for the event. It's well said; "All is well that ends well"

By:
Dr. Anila Kazmi
Group Head, Quality Assurance



COVID-19 CONTROL CAMPS

AT DR. ZIAUDDIN HOSPITAL, CLIFTON

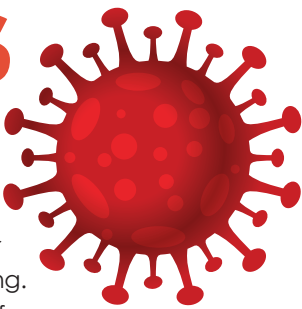
With the spread of a global pandemic, the Covid-19 virus had taken the city of Karachi hostage with a lock down instated by the provincial government from 18th March onwards. While commotion and chaos spread through the city, the administration of Dr. Ziauddin Hospital, made timely decisions and a separate Covid-19 Control Camp was established on 19th March 2020, for the screening and diagnostic testing of the public.

One of the biggest threats in health-care facilities, was spread of the virus

from infected people to the uninfected patients, who have pre-existing illnesses and weak immunity. To curb this danger, the Covid-19 Control Camp was set up in the hospital parking lot to expedite testing of suspected patients, ensure cross ventilation in testing site and remove all fears of transmitting the virus to the inpatients or other hospital staff.

All patients entering the hospital from the Patient Entrance were checked through thermal scanners and those with fever were directed towards the

Covid-19 Control Camp. For further testing. Clinical staff was trained on appropriate use of personal protective equipment to ensure they keep themselves safe while caring for infected patients. Doctors and nurses were stationed at two different posts, one for screening patients and the other for diagnostic testing of the patients. Even porters and housekeeping staff were trained and given the required equipment to ensure the area



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remains clean and disinfected for others.

The Covid-19 Control Camp remained open from 10 am to 8 pm and catered to approximately 100 patients per day. The test was performed in Dr. Ziauddin Hospital Clinical Laboratories and results were available within 24 hours. Patients who tested positive were informed personally and advised to get their close contacts tested as well.

Everyone played their part in maintaining smooth functioning of the hospital.



The laboratory staff, pharmacy staff and other technicians performed their responsibilities with integrity so as not to disturb the routine care of other patients seeking clinical care.

Elective surgeries were postponed whenever possible and some consultants performed their OPDs online so that patients could receive their doctor's consultation without leaving their homes.

Even the hospital's HR Department helped promote social distancing by



calling off non-essential trainings and meetings. Employees were given precautionary advice and high-risk employees were encouraged to take time off from work, especially those who are above 60 years or have a medical condition.

During this time of crisis, the administration and staff of Dr. Ziauddin Hospital, Clifton set forth a commendable display of teamwork and coordination, which symbolizes their commitment to the first core value of the organization, "Patients First".



WOMEN'S DAY 20

AT DR. ZIAUDDIN HOSPITAL, CLIFTON CAMPUS

On the occasion of International Women's Day, the HR Department arranged a celebration for all the female employees of Dr. Ziauddin Hospital, Clifton on 9th March 2020.

Aesthetics played an important role in the event and organizers designed all decor to match the color theme. A tiered dessert table was placed in the center against a backdrop decorated with pastel colored balloons and streamers. The menu was light with bite-sized sweets and savories, appropriate for the time of day.

Women from all departments were invited for some "Fun in the Sun" and over a hundred female employees,

from all departments, showed up. The COO inaugurated the event with a cake-cutting ceremony followed by the release of colorful balloons into the sky, which was symbolic of women reaching new heights every day.

The highlight of the event was the selfie stand which included various props, including parody posters, photo booth glasses and a giant photo frame. Armed with their cellphone cameras, the guests took dozens of photographs in groups and singles, showcasing these memories forever.

Camaraderie was evident as female doctors, nurses, executives, security guards and housekeeping staff all gathered together and enjoyed themselves thoroughly.

The organizers achieved their objective of promoting employee engagement and relationship building which was evident as women from various departments and various cadres

mingled freely and posed for photographs while enjoying the ambience and eatables.



DEPARTMENT OF INTERVENTIONAL RADIOLOGY



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EVENTS

PAYING A TRIBUTE AND LOVE TO OUR HONORABLE LADIES

**"ROLE MODELS" OF DR. ZIAUDDIN HOSPITAL
ZIAUDDIN UNIVERSITY**

A DEDICATION BY DEPARTMENT OF QUALITY ASSURANCE

**Dr. Aijaz Fatima**

Do not wait for a leader -
do it alone person to person
A leader loved and cherished

**Dr. Zareen Hussain**

Spread love everywhere you go,
let no one ever come to you
without leaving happier....

**Dr. Rubina Hussain**

Here's to strong women.
May we know them.
May we be them
May we raise them.

**Ms. Sabina Khalid**

She is clothed in STRENGTH and
DIGNITY, and she LAUGHS
without fear of the future.

**Dr. Nida Hussain**

We are what we repeatedly do.
Excellence, therefore, is not an act but a
habit

مجھے جان لو، پہچان لو

چلو اکیسویں صدی کی ہی حنا طر
گو گل، انشا، ٹوئٹر کی ہی حنا طر
نئے طور پر یقینوں کی ہی حنا طر
فیس بک، ٹک ٹاک جیسی اپن کی حنا طر
مجھے جان لو، پہچان لو

میرا مان رکھ لو، نہ رسوا کرو
کبھی صنف نازک کی قطار میں لگا کر
کبھی دھتکار کر، کبھی لٹکار کر
کبھی کھلو نا، کبھی مٹھیں، کبھی سونا سجھ کر
مجھے جان لو، پہچان لو

میں وہ معصوم ہوں، جو پہاں ہے
میری ذات میں ہیں کائنات کے رنگ
میری اس رتب کے ذوق کی بہترین مصوری
مرد کی کامیابی، جو ہو کے گزرتی ہے براستہ
مجھے جان لو، پہچان لو

میں بے نظیر، عرصہ کریم، مادر ملت
کیا بتاؤں تم کو کہ آپ اپنے دام میں حیات آگیا
مجھے عروج ہے ہر زمانے میں اور یہی تمکنت
وہ وقت آگیا، جو اب زمام آگیا
آج تعلیم و تدریس کے نتیجے میں سرعام آگیا
مجھے جان لو، پہچان لو

بہترینی ہے کہ مان لو، شاعر مشرق کی وصیت
اسی کے ساز سے ہے زندگی کا سوز دروں
نقل ہے کہ وجود زن سے ہے تصویر کائنات میں رنگ
مجھے جان لو، پہچان لو

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A wonderful tribute to all the women written and recited by Ms. Noreen Khan (consultant English Language & Linguistics),
at the **world women's day** at **Dr. ZIAUDDIN HOSPITAL, NORTH CAMPUS.**